

ROAD CAPTAIN MEETING NOV. 21, 2009

A. PRE RIDE BRIEFING

1. Introduce yourself and the sweep RC.
2. Go over route.
3. Go over hand signals.
4. Ask if there are any inexperienced riders (less than 1 year) some captains like them toward the back and some like them toward the front whichever you prefer be sure you can see them in your mirrors if they start falling back slow your pace. They will set the pace of the ride.
5. Go over staggered and single file formations.
6. Make sure everyone has fuel to get to the first stop.
7. Sweep captain should get waivers signed by non members. After ride turn waivers into Head RC or chapter Secretary.

B. TWO LANE ROADS AND HIGHWAYS

1. Maintain staggered formation unless the group is approaching a bridge, narrow road, road construction, tight curves or any condition that calls for single file. Allow plenty of time for group to go to single file. As soon as you can get back to staggered.
2. Be aware of what is in front of you. Use the S.E.E (SEARCH, EVALUATE, EXECUTE). Remember there is a group of riders behind you that may not be looking past the bike in front of them.
3. When making left hand turns remember that all riders may not get across traffic. Slow your pace and let other riders catch up to group.
4. When approaching a signal light try to time it so that all riders can make it thru, if not slow your pace and wait for the others. It may be necessary to stop and wait for the other riders.

C. DIVIDED HIGHWAYS AND INTERSTATES

1. Maintain staggered formation.
2. When merging into traffic try to merge as a group, if you cant slow the pace once you have merged and let other riders catch up to the group.
3. When passing use the same technique as merging. Remember it is best to stay as tight as you can while riding on highways or interstates to keep cars out of the formation.
4. Maintain a steady pace. Avoid the rubber band affect.
5. Be aware of merging traffic and move group out of the way.
6. Give signals well in advance of any lane changes or road debris while traveling at highway speeds. Some don't react as quick as others.

D. STOPPING THE GROUP FOR BREAKS

1. Try and pick stopping points with right turns in and out.
2. If possible avoid gravel parking lots.
3. Make sure there is ample parking for all riders.
4. You should plan stops every 90 - 100 miles. We don't want new or inexperienced riders becoming fatigued while in the saddle. Give them plenty of time to stretch and get ready for the next 100 miles.

E. ROAD CAPTAIN SCHEDULED RIDES

1. Lead Captain Duties
 - a. Send date, time, leave location, destination and lead and sweep captains to Activity Team and Head RC at least 1 week prior to ride date.
 - b. Secure sweep RC.
 - c. Pre-ride route if possible.
 - d. Pre-ride briefing.
2. Sweep Captain Duties
 - a. Pre-ride route with lead.
 - b. Assist with pre-ride briefing.
 - c. Non member waivers.
 - d. Carry first aid kit and chapter camera.

